

TEDDY TALK

Discovering the Causes of Type 1 Diabetes in Children



TEDDY By The Numbers

Now that many of our TEDDY Study Jr. Scientists are a little older, they are asking some great questions about TEDDY. Here are some quick answers for kids and parents as well.

Kids from **Colorado, Georgia, Washington** (the US sites); and kids from **Germany, Finland Sweden** (the European sites) help with TEDDY.



1. How many kids are in TEDDY?
8,667 Total (1,377 in WA)
2. How old are the Jr. Scientists?
Most kids **(60%) are between the ages of 7-10**
Everybody is **at least 6** and the **oldest is 12**
3. How many kids have developed Type 1 Diabetes?
246 Total (24 in WA)
4. How many kids have developed Celiac Disease*?
420 Total (40 in WA)

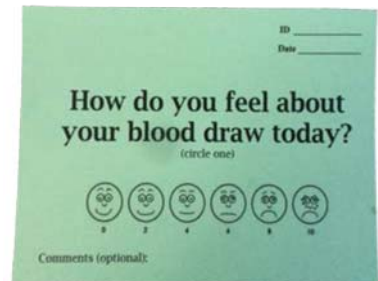
*Celiac Disease is an autoimmune disease that makes people not be able to eat foods with gluten (wheat). TEDDY uses some of the blood from TEDDY visits to see if any kids have signs of developing Celiac.

FUN FOOD FACT from your Food Records!

These are the top 5 foods kids in Washington eat:

Milk, Banana, Cheese, Apple, Peanut Butter

Most Kids Do Well with Blood Draws



For over a year our TEDDY Jr. Scientists have been helping the study by letting us know how they feel after they give us some of their blood.

What the numbers show is that most kids are more happy than sad. Here are the numbers for blood draws by our own clinic team:

Happiest Face – **47% kids**
Top 3 Happiest Faces – **89% kids**
Bottom 3 Saddest Faces – **11% kids**
Saddest Face – **2 % kids**

The numbers are similar for blood draws from other clinics with **82%** of kids in the Top 3 Happiest Faces.

Thank you TEDDY Jr. Scientists for being brave for the blood draw and giving us good feedback!

Can We Do More at Blood Draws?

We do a lot to try to make blood draws easy – magic numbing cream, Buzzy, fun videos to watch and games to play. If you have other ideas, let us know!

Park Days 2016 – Fun in the Sun

Park Days were a huge success. Thank you to all the TEDDY families who came to play! There was



FACE PAINTING, GIANT BUBBLES, HUNGRY HIPPOS, PARACHUTE BALLS, CATAPULTS, MARSHMALLOW BUILDING, EXTREME TWISTER, and a ton of other crafts.



Goodbye Summer, Hello School

See you again next Summer for more Fun in the Sun. Until then, have fun at school.

Phone: 1-888-324-2140
Email: teddy@pndri.org



The TEDDY Study
720 Broadway
Seattle, WA 98122