



TEDDY Park Days!!

Come and join us for our first summer of TEDDY Park Days! TEDDY staff members will be visiting parks located at various locations. You can visit our Facebook page for the most up to date information of locations, dates and times of the park days. We would love to have you join us for some fun in the sun and socializing outside of our normal TEDDY clinic atmosphere. We will have a small gift for those that join us and an activity for TEDDY families to participate in. This will be a great opportunity to meet other TEDDY families along with study staff members and their families.

Facebook: www.facebook.com/teddycolorado

Centennial Center in Centennial

South East Metro Area near Arapahoe & Peoria

Friday August 10th 10:00 AM

Stapleton Central Park in Denver

Near I-70 & Central Park Blvd

Saturday August 25th 10:00 AM

Please be on time to your TEDDY visit

Don't be late!

Don't be late!

For our very important date!

We don't want to see you frown

Traffic can slow you down

TEDDY is a busy place

Help us keep up the pace

Please be sure to be on time

Thanks!! Hope you enjoyed the rhyme!



Meet fellow members of the TEDDY Colorado Family:

**Morgan 3 years &
Mackenzie 5 years**

After working at TEDDY for 7 years, Betsy Burke has left us to pursue her passion for research in labor and delivery. She is a nurse for a research study testing a fetal monitoring device that could improve the outcomes of newborns. We wish Betsy the best of luck and we will miss her greatly!



TEDDY Diabetes Facts

117 – number of TEDDY participants worldwide who have developed type I diabetes

Washington

8

Colorado

16

Florida/

Georgia

8

Sweden

30

Finland

36

Germany

21



TEDDY Collecting Urine

The TEDDY Study is always looking for new ways to try to find out why some people develop type I diabetes and why others do not. We are already studying many samples that we collect from our TEDDY kids: blood, stool, toenails, nasal swabs and saliva. Now we believe we may learn something from urine. We can look at a child's urine for certain types of infections, contact with toxins, how nutrients, hormones and chemicals are broken down in the body, and what proteins are cleared from the body.

We are now asking our TEDDY kids who are at least 3 years old to provide a urine sample during the TEDDY visit. The urine will be collected in a container that is similar to the HATS used for stool collection. Parents and kids do not need to do anything extra before urine collection and the time of day we collect the sample doesn't matter. The sample does need to be cooled very soon after collection and kept cool so we will not ask our Long Distance TEDDY kids to collect a urine sample. We will try to collect a urine sample every six months. The clinic staff will be talking to parents and kids about this sample collection at your upcoming TEDDY visit. As always, we welcome any questions, concerns or comments you may have.



TEDDY



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1775 Aurora Court
Aurora, Colorado 80045
303.724.7577

Email: teddy.study@ucdenver.edu

Facebook: [facebook.com/teddycolorado](https://www.facebook.com/teddycolorado)

Blog: teddystudymom.blogspot.com

COLORADO TEDDY NEWSLETTER

*The Environmental Determinants
of Diabetes in the Young*

www.teddystudy.org
www.teddycolorado.org

Current Coupons!

- Little Monkey Biznesses
- Butterfly Pavilion
- Denver Zoo
- Cold Stone
- Wild Life Experience
- Children's Museum of Denver
- WOW Children's Museum
- Water World/Adventure Golf
- Brunswick Zone
- Elitch Gardens
- Pirates Cove
- Colorado Railroad Museum
- Fro Yo Spot-Aurora & Parker
- Chick-fil-A Aurora



TEDDY mom blog



If you haven't checked it out yet we have a blog written by a TEDDY mom who is also a staff member at one of our sites. The blog is still going strong with many interesting posts. Go to teddystudymom.blogspot.com to see blogs about difficult blood draws, poop samples, interveiws with adult celiacs/diabetics, parents of children with celiac disease and many more.

Below is an excerpt from an upcoming TEDDY blog.

Busy TEDDY Night with our little pirate!

Tonight was Halloween, a fun exciting time that usually ends with too much sugar and tempers running high all around. It also happened to be the 3rd day of our TEDDY 3 day diet record and a stool sample was a little over due. Wow, the whole weekend was full of candy with my husband and me trying to remember exactly what he ate. Earlier in the afternoon on Halloween I had reminded my son we needed a TEDDY sample as the day before he'd gone when we were out. If he pooped in the bucket he'd get a sticker and a Dum Dum pop he really wanted. After trick-or-treating was over for an hour and I was just getting the diet typed up he comes to me, "Mommy, I need TEDDY 'ample'" he was so excited and was reminding me he needed to poop in the bucket so he could get his sticker and blue Dum Dum (as if he hadn't had enough candy already but a promise is a promise).

While I'm collecting the sample he runs back to our kitchen and as my husband was distracted by Monday Night Football my son starts pushing buttons on my computer. I hadn't saved the diet record and he somehow created an error that shut my computer down.... See

blog for more

Flourless Peanut Butter Chocolate Cookies

- 1 cup peanut butter
- 1 cup white sugar
- 2 eggs
- 3/4 cup M&Ms
- 3/4 cup semi sweet chocolate chips

Mix peanut butter, sugar and eggs then stir in chocolate. Drop on cookie sheet and bake at 350 for 12-14 minutes. Gluten free and they are so good no one will ever know!



Does your TEDDY child like to COLOR?? Enter the Worldwide Holiday Art Contest!!!!

Instructions:

1. Please use white paper, but any size
2. Use any writing instrument – crayons, colored pencils, markers, paints
3. Please submit your entry by August 28th 2012

Bring entries to your TEDDY appointment OR Mail to:

Barbara Davis Center-Kimberly Bautista
Mail Stop F527
1775 Aurora Ct.
Aurora, CO 80045



Many of our participants have been wearing activity meters which were introduced last fall. Everyone is doing a great job and we are collecting a lot of activity data! Please remember to complete the activity log while wearing the meter and return both the activity meter and log as quickly as possible after the week of data collection. We have a limited number of meters and turn them around for another participant to wear almost immediately. Please call us if you ever have any

questions. Thanks for your continued participation in type 1 diabetes research!