

SPRING / SUMMER 2016

TEDDY TALK

Discovering the Causes of Type 1 Diabetes in Children



Get Your Science On! TEDDY Science Day April 9

Join us for the 3rd Annual TEDDY Science Day – **Saturday April 9 from 10:00 am to 3:00 pm** at Sunset Hill Community Center.

TEDDY Now Testing Thyroid

Your thyroid is a gland shaped like a butterfly. It is located in the neck and releases hormones to help run the body's metabolism. Problems develop if it produces either TOO MUCH, or TOO LITTLE hormone. Too little can cause symptoms like weakness and weight gain. Too much can cause symptoms like weight loss and hyperactivity.

The most common cause of thyroid problems is autoimmunity. TEDDY is interested in autoimmune disorders that may impact the development of type 1 diabetes. This Spring we will add a test to check for thyroid autoantibodies in all TEDDY kids on blood draws at the 8 and 14 year visits.



Thyroid issues are diagnosed by lab tests measuring hormone levels. A TEDDY child who tests positive for autoantibodies will also have hormone levels tested at our TEDDY core lab. We will report results back to you.

Please feel free to ask if you have any questions. You can also call us at 1-888-324-2140.



This is a hands-on day of science experiments and demonstrations.

- Oobleck (like slime, but better!)
- Soap Boats
- Cloud in a Bottle
- Egg in a Bottle
- Blood Model
- And MORE!



**Join us for a fun few hours as we all
Get Our Science On!**

Saturday, April 9

Drop In 10:00 am to 3:00 pm
Sunset Hill Community Center
3003 NW 66th St. Seattle 98117

RSVP: 1-888-324-2140 or
teddy@pnri.org

Jr. Scientists Help TEDDY More



As our Jr. Scientists get to about 10 years old, they get to help out the TEDDY Study more on their own. They fill out their own forms about how they like TEDDY. They help write down all the things they eat for three days.



When they are 11.5 years old (and again when they are 13.5) they will get to answer another set of questions on their own. These questions will help the TEDDY Study understand the role of stress.

Thank you Jr. Scientists!

The TEDDY Study

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Seattle, WA 98122



Phone: 1-888-324-2140
Email: teddy@pndri.org